

# What's on the Menu?

Chatfield Lunch Menu, Chartwells School Dining Services

December 2024

Price: Free

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Mac and Cheese w/ Diced Ham Steamed Green Beans WG Dinner Roll Fresh Cucumber Coins Applesauce Choice of Milk</p> <p>w3</p>	<p>3 Hot Dog on a WG Bun Tater Tots Seasoned Carrots Chilled Diced Pears Choice of Milk</p>	<p>4 Jumbo Chicken Tenders Vegetarian Baked Beans Dinner Roll Cucumber Coins Michigan Grown Apple Choice of Milk</p>	<p>5 Bosco Sticks or Dunkers w/Dipping Sauce Fresh Baby Carrots Diced Peaches Choice of Milk</p>	<p>6 Pizza Crunchers  Celery Sticks Fresh Orange Wedges Choice of Milk</p>
<p>9 Cheese Pizza Seasoned Green Beans Cucumber Coins Rosy Applesauce Choice of Milk</p> <p>w4</p>	<p>10 Soft Shell Taco w/ Meat, Cheese, &amp; Trimblings, Salsa Seasoned Corn Fresh Baby Carrots Chilled Diced Pears Choice of Milk</p>	<p>11 Baked Chicken Drumstick Vegetarian Baked Beans WG Biscuit Fresh Cucumber Coins Michigan Grown Apples Choice of Milk</p>	<p>12 Hot Dog on WG Bun Tater Tots Fresh Baby Carrots Diced Peaches Choice of Milk</p>	<p>13 Bosco Sticks or Dunkers w/Dipping Sauce Celery Sticks Fresh Orange Wedges Choice of Milk</p>
<p>16 Chicken Nuggets WG Dinner Roll Green Beans Fresh Cucumber Coins Applesauce Choice of Milk</p> <p>w1</p>	<p>17 Soft Shell Tacos w/ Meat, Cheese &amp; Trimblings w/Salsa Fresh Baby Carrots Chilled Diced Pears Choice Of Milk</p>	<p>18 Turkey and Gravy Mashed Potatoes WG Dinner Roll Cucumber Coins Michigan Grown Apple Choice of Milk</p>	<p>19 Bosco Sticks or Dunkers w/Dipping Sauce Fresh Baby Carrots Diced Peaches Choice of Milk</p>	<p>20 Hamburger on WG Bun Crinkle Cut Fries Celery Sticks Fresh Orange Wedges Choice of Milk</p>
<p>23 Carnival Corn Dog Green Beans Fresh Cucumber Coins Applesauce Choice of Milk</p> <p>w2</p>	<p>24</p>	<p>25 Chicken Patty on WG Bun Baked French Fries Cucumber Coins Michigan Grown Apple</p> <p>Winter Recess No School</p>	<p>26 Bosco Sticks or Dunkers Fresh Baby Carrots Diced Peaches Choice of Milk</p>	<p>27 French Bread Pizza Celery Sticks Fresh Orange Wedges Choice of Milk</p>
<p>30</p>	<p>31 Hot Dog on a WG Bun Tater Tots Seasoned Carrots Chilled Diced Pears Choice of Milk</p> <p>Winter Recess No School</p>	<p>This institution is an equal opportunity employer.</p>		



## Chatfield: Free Breakfast to All Students

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a variety of milk choices.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Choose 2</u></b> Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><b><u>Must take a</u></b> Juice or Fruit</p> <p><b><u>Optional</u></b> Milk, Skim, 1% or Chocolate</p>	<p><b><u>Choose 2</u></b> Bug Bites Graham Crackers</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><b><u>Must take a</u></b> Juice or Fruit</p> <p><b><u>Optional</u></b> Milk, Skim, 1% or Chocolate</p>	<p><b><u>Choose 2</u></b> WG Blueberry Muffin</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><b><u>Must take a</u></b> Juice or Fruit</p> <p><b><u>Optional</u></b> Milk, Skim, 1% or Chocolate</p>	<p><b><u>Choose 2</u></b> Cinnamon Goldfish Grahams</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><b><u>Must take a</u></b> Juice or Fruit</p> <p><b><u>Optional</u></b> Milk, Skim, 1% or Chocolate</p>	<p><b><u>Choose 2</u></b> Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><b><u>Must take a</u></b> Juice or Fruit</p> <p><b><u>Optional</u></b> Milk, Skim, 1% or Chocolate</p>

Student will choose 2 breakfast items **AND** a juice or fruit.

Milk is optional.

**Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school. Our guidelines:**

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to [www.EatLearnLive.com](http://www.EatLearnLive.com)

This institution is an equal opportunity provider.